Senior Resources on the Web

Feel free to ask Library staff for further assistance at questions@greenwoodlibrary.us or call our reference desk at 317.885.5036. These resources are intended for informational purposes only.

Adaptive Aids & Durable Medical Equipment Alzheimer's Assisted Living and Senior Housing Book Club Resources Birthday Cards Churches Computers (Digital Resources for Seniors) Dating Delivery & Shopping Services Driving Drugs – (Prescription Programs and Assistance) Education Elected Officials Employment Endof-Life Resources (Hospice) Exercise Federal Government Resources Finance Food Banks Fuel Assistance (Utilities) Fun Grandparents Grants Greenwood, Indiana Major Resources Health Insurance Marketplace Hearing Home Security Hospitals (see also Medical) Housing- see Assisted Living Insurance Johnson County-Major Resources Legal Resources Media Meals on Wheels Medical Medicare Newspapers Nursing Facilities –see Assisted Living Pets for the Elderly Retirement Property tax and Abatements Recycling Remodeling Research Databases Senior Games –See Exercise Senior Women Social Security–see Federal Resources State of Indiana-Major Resources Storage & Moving Taxes-Aides Transportation-Buses & Cabs Traveling Veterans Vision Impairment Volunteering Voter Registration Widows & Widowers

Adaptive Aids & Durable Medical Equipment

Aging In Place Technology Watch http://www.ageinplacetech.com/

For industry trends, research and analysis on the latest gadgets geared towards helping seniors stay in their homes, consult this site for the technically inclined.

Assistive and Information Technology http://www.in.gov/ipas/2369.htm

Here is a list of resources for Assistive Technology. Assistive Technology constitutes both devices and services that provide assistance to children and adult with either physical or cognitive impairments.

Disability Resources.org - http://www.disabilityresources.org/

Disability Resources is a nonprofit organization that provides information about resources for independent living.

accessABILITY Center for Independent Living, Inc -http://www.abilityindiana.org/

accessABILITY Center for Independent Living, Inc. (accessABILITY) is a Center for Independent Living committed to serving people with disabilities who live in Central Indiana (Boone, Johnson, Hamilton, Hancock, Hendricks, Marion, Morgan, and Shelby Counties). 5302 East Washington Street Indianapolis, IN 46219; Toll Free Number: (866) 794-7245 Phone: (317) 926-1660

IUPUI -The Adaptive Technology and Accessibility Center

http://www.indiana.edu/~iuadapts/impairments/vision.html

The Adaptive Technology and Accessibility Centers serve students, faculty, and staff with disabilities, specializing in tools to assist with reading, writing, studying, and information access. Whether you have one or a combination of disabilities, we are here to help you. This page presents a list of the technologies available to assist with vision impairments. Click on any item for more details, including an overview, assistive materials, and company information.

You can also learn more about other technologies we offer by visiting pages specific to hearing, learning, or mobility impairments. IUPUI Indianapolis; Telephone: 317-274-4378

Librarians' Connections-Assistive Technology for Patron-Who Are Blind or Have Other Disabilities http://www.disabilityresources.org/DRMlibs-ass.html

Assistive technology (AT) devices can enable people with disabilities to take advantage of traditional library resources and services; they may be low-tech devices, such as magnifiers, or high tech devices, such as computer software with large print or voice output.

Alzheimer's

Alzheimer's Association http://www.alz.org/indiana/

Welcome to the Alzheimer's Association - Greater Indiana Chapter Phone: 800.272.3900

Indiana Alzheimer Disease Center www.iadc.iupui.edu

The Indiana Alzheimer Disease Center serves as a shared resource to facilitate research in Alzheimer disease and related disorders, and to distinguish them from normal aging.

Phone: 317.274.4333

Assisted Living and Senior Housing

Assisted Living Directory http://www.assisted-living-directory.com/content/indiana.htm

This page should serve as a starting point for learning about many of the different assisted living facilities and long term care options throughout the State of Indiana.

Assisted Living and Senior Safety http://assistedlivingway.com/w/safety/

Over 19 million American citizens care for an adult over 75, and safety is a primary concern for all of them. Seniors and senior caregivers need to be especially vigilant both online and offline. Safety for seniors has two main aspects–protection from others who would take advantage of them, and protection from accidents that happen all by themselves.

CICOA Aging & In-Home Solutions http://www.cicoa.org/

4755 Kingsway Dr., Suite 200 Indianapolis, IN 46205-1560 (317) 254-5465 or (800) 489-9550 FAX (317) 254-5494; TDD (317) 254-5497

Covers Marion, Boone, Hamilton, Hancock, Shelby, Johnson, Morgan and Hendricks Counties

Eldercare.gov http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services. You can also reach us at 1-800-677-1116.

Elder Depot http://elderdepot.com/customer/home.php?click=1

Elder Depot recognizes the important role that caregivers have being involved with the care of an elderly loved one. We are committed to providing a wide variety of innovative products to improve the quality of life for both the caregiver and recipient. (800) 910-7790 HOURS: MONDAY-FRIDAY 9AM-5PM EST

ElderWeb http://www.elderweb.com/

Award-winning online eldercare sourcebook.

Greenwood Subsidized Housing

Yorktowne Farms Apartments – http://www.forrent.com/apartment-community-profile/1031253.php
1570 Countryside Dr
Greenwood, IN - 46143
317-887-0517

Cambridge Square Greenwood - http://cambridgesquaregreenwood.com/
1160 Southbridge Dr
Greenwood, IN - 46142
317-882-1511

Home Fair

http://www.homefair.com/

Since 1999 homefair (Moving.com) has been the recognized online leader of providing easy-to-use and effective resources and tools to help with local, long distance, and international moving needs. Move, Inc. | 5401 N Pima Rd, Suite 100, Scottsdale, AZ, 85250 | 800-248-MOVE (6683)

HUD for Seniors

http://portal.hud.gov/hudportal/HUD?src=/topics/information for senior citizens

Information for Senior Citizens COMMUNITY ACTION OF GREATER INDIANAPOLIS, INC Phone: 317-396-1800-1735 Fax: 317-396-1529;E-mail: cshelton@cagi-in.org 3266 North Meridian Street, Suite 100 INDIANAPOLIS, Indiana 46208-5837

Indiana Divison of Aging - Family and Social Services Administration

http://www.in.gov/fssa/2329.htm

Subsidized Housing Complexes & Residential Care Facilities 888-673-0002

Indiana Homeless Shelters

http://www.homelessshelterdirectory.org/indiana.html

My complete list of Indiana Shelters is below. Many are emergency shelters along with general homeless shelters and some transitional housing opportunities. As a note, many of these shelters now have waiting lists. Please call before going to them. Many waiting lists are very long.

My Senior Care http://www.myseniorcare.com/directory/senior-housing/assisted-living/us/indiana-in

Find Assisted Living and senior housing Corporation for National and Community Service

National Adult Day Services Association (NADSA) http://nadsa.org/

NADSA advances the national development, recognition and use of adult day services. They provide a coordinated program of professional and compassionate supervised services for adults in a safe place outside the home during the day. The services also afford caregivers a break from the demanding responsibilities of caregiving. 1421 E. Broad Street, Suite 425Fuquay Varina, NC 27526 NADSA@NADSA.org Phone: 1-877-745-1440

Ombudsman Program nursing homes http://www.in.gov/fssa/da/3474.htm

There are 22 Certified Local and numerous Volunteer Ombudsmen who are representatives of the Office of the State Long Term Care Ombudsman which is located in the Division of Aging. These representatives operate out of 17 local offices across the state, whose numbers are listed below. Anyone may contact the Ombudsman program on behalf of a long term care consumer, but Ombudsmen are guided in their actions by the individual receiving direct service. <u>Area 8</u> -1-800-869-0212 or 317-631-9410 ext. 2255 Covers Marion, Boone, Hamilton, Hancock, Shelby, Johnson, Morgan and Hendricks Counties

Seniorhousing.net

http://www.seniorhousingnet.com/

SeniorHousingNet.com offers seniors and their loved ones senior living listings and resources

Senior Living Map http://www.seniorlivingmap.org/

With 32,146 listings, Senior Living Map is the most comprehensive map-based senior and assisted living search engine.

Single Family Housing Loans and Grants http://www.rurdev.usda.gov/HSF SFH.html

Franklin Service Center, 3059 N Morton St., Franklin, IN 46131-9662, (317) 736-6822. Housing and Community Facilities Programs helps rural communities and individuals by providing loans and grants for housing and community facilities. We provide funding for single family homes, apartments for low-income persons or the elderly, housing for farm laborers, childcare centers, fire and police stations, hospitals, libraries, nursing homes, schools, and much more

Visiting Angels http://www.visitingangels.com/indysouth/home

In-Home Care, Elder Care and Senior Home Care services provided by Visiting Angels, one of the leading senior home care agencies across America. 48 N. Emerson Ave, Suite 300, Greenwood, IN 46143 Phone: 317-215-0600

Book Club Resources

Bagged books GPL http://www.greenwoodlibrary.us/baggedbooks.asp

Greenwood Public Library carries several paperback copies of many favorite book club selections that your group can check out for up to 6 weeks at a time. Each kit also contains a resource guide complete with author information and discussion questions. Call 885-5036 or stop by the Adult Reference Desk for more information.

Indiana Humanties -Novel Conversations

http://www.indianahumanities.org/programs/novel-conversations/

Novel Conversations is a **free** statewide lending library. Indiana Humanities lends more than 450 titles primarily fiction and biography, to reading and discussion groups all over Indiana, free of charge. We also have books available in several other genres, including nonfiction, mysteries, plays, poetry and young adult. Who can participate in Novel Conversations? Indiana organizations such as public and school libraries, senior centers, churches, or formal or informal book clubs. Any Indiana resident can request a set of books. Call 317.638.1500 or 800.675.8897, ext. 128, or e-mail Nancy Conner at nconner@indianahumanities.org.

Indiana State Library - Shared Book Discussion Resources

http://www.in.gov/library/files/Books for discussion groups.pfd.pdf

This database is a listing of book discussion/club resources owned by and located at public libraries throughout Indiana. Please contact Greenwood Public Library at 317-882-3135 or e-mail us at questions@greenwoodlibrary.us

Project Gutenberg

Offers over 42,000 free ebooks: choose among free epub books, free kindle books, download them or read them online. Click here to go to the Project Gutenberg site and start downloading free books today!http://www.gutenberg.org/wiki/Main Page

Birthday Cards

How can I request a birthday card from the President of the United States?

The White House sends cards to people celebrating birthdays of eighty years or more, anniversaries of fifty years or more, or other memorable events such as the birth of a child, graduation, or receiving a prestigious award. To request a presidential greeting, you can contact the White House at:

Greetings Department The White House Washington, D.C. 20500 202-456-1414

Churches

Church Angel http://www.churchangel.com/webin/greenwood.htm

ChurchAngel.com Is a North American Leader in Christian church listing services. Through the help of thousands of dedicated visitors, ChurchAngel.com has built one of the most comprehensive church and counselor directory listings available on the web.

Computers (Digital Resources for Seniors)

E-Books http://www.greenwoodlibrary.us/digitaldownloads.asp

Downloadable eBooks, audiobooks, and videos are free for resident cardholders and those who have purchased non-resident (\$42 for 2014) or PLAC (\$50 for 2014) cards. In most cases you will need to download and install software to manage your downloads. Click here to visit the eIndiana Digital Consortium.

Greenwood Public Library http://www.greenwoodlibrary.us/computerclass.asp

Greenwood Public Library offers computer instruction to the public free of charge, at three levels, basic, intermediate, and advanced. 310 S. Meridian St, Greenwood, IN 317.885.5036

Computer Tutorials http://www.pbclibrary.org/events-and-programs/computer-training/external

This site provides some links to various online tutorials. The Greenwood Public Library does not endorse all of the content or advertising you may see on these sites. These links are presented for educational purposes as resources for locating information and to practice skills. Here are some more:

Excel http://www.excel-easy.com/

G-mail http://www.gcflearnfree.org/gmail
E-mail http://www.gcflearnfree.org/googleaccount
Google http://www.gcflearnfree.org/googleaccount

Internet http://www.gcflearnfree.org/internet

DigitalLearn.org http://digitallearn.org/learn

The Public Library Association's new site, DigitalLearn.org, is an Institute of Museum and Library Services grant-funded project to create an online hub for digital literacy support and training.

ElderGadget http://www.eldergadget.com/

ElderGadget.com provides reviews and news about highly rated consumer electronics. By highlighting senior-friendly features, ElderGadget informs and inspires, creating a synergy between the product's technology and user. Phone: (424) 235-3001

Paw Paw E-mail for Seniors http://pawpawmail.com

PawPawMail is designed to provide the simples e-mail interface available. The user sees just what is available on any given screen -- not hundreds of options. We designed it specifically for seniors' needs in two ways. First, its straightforward interface makes it simple to learn for those who are new to computers. Second, its large text and buttons, and its overall clean, high-contrast interface, help users with vision and dexterity problems. You can also reach us at, 1-404-635-6245 generally from 10am to 8pm US Eastern Time.

SeniorNet http://www.seniornet.org/

SeniorNet is a 501(c)3 nonprofit organization of computer-using adults, age 50 and older. It's mission is to provide older adults education for and access to computer technologies to enhance their lives and enable them to share their knowledge and wisdom. 5237 Summerlin Commons Blvd; Suite 314 Fort Myers, Florida 33907 Phone (239) 275-2202

Wired Seniors http://www.wiredseniors.com/seniorssearch/

Wired Seniors Gives Seniors A Web Of Your Own and is Portal Web Site To Serve All The Needs Of The Over 50 Age Group.

Great Apps

How do you install an app? Don't be intimidated. Apps are easy to download. You tap on it, press Install and in less than a minute the program is on your phone and ready to use. Many apps are free or charge a small onetime fee.

VizWiz http://vizwiz.org/ FREE

VizWiz is a great app for folks whose vision is not what it used to be. With this app, users can take pictures of items, ask a question with the recorder and receive a verbal answer to their question within minutes. So seniors with poor vision can ask for help reading labels at a store, recipe directions from a cookbook, or directions on a map.

Story Before Bed. http://www.astorybeforebed.com/ \$\$ COST \$9.99

This app is perfect for grandparents who want to close the distance gap with grandchildren far away. Using a webcam, granddad can read a story from the Story Before Bedtime library and send the recording to the grandkids. Children can listen to the story over and over again while watching granddad read the book in the corner of the screen. Over 40 Magnifier and Flashlight. Need a brighter and bigger view of that dark menu in a restaurant or need to find your house keys in your purse at night? This app serves up a magnifying glass, mirror and flashlight all in one.

Pillboxie. www.pillboxie.com \$\$ COST .99 Daily medication schedules can be confusing, but Pillboxie makes things easier by allowing users to visually manage their medication info by dropping a pill into the onscreen box.

Diabetes Monitor http://www.taconicsys.com/app/healthsome-g **FREE** is perfect for diabetes patients who need to monitor and track their insulin levels. Users can see at a glance if there insulin levels are high. The tracker provides a daily, weekly or monthly report so that users can track progress and pinpoint trouble times.

Blood Pressure Monitor. http://www.taconicsys.com/app/bpmonitor-lite FREE

Like the iDiabetes app, the Blood Pressure Monitor allows users to track daily blood pressure and weight data. It also comes with built in reminders and an import/export feature so that info can easily be sent to and between health care providers.

Dating

Find others who are ready to rekindle romance in the retirement years and beyond...

Senior Match - http://www.seniormatch.com/

A site where you can safely find your 50+ match.

Better Than I Ever Expected http://betterthanieverexpected.blogspot.com/ (blocked for adult content by GPL but proceed if you wish) Expect candid conversations about sex in the senior years at Joan Price's sassy blog site.

Dating for Seniors – http://www.datingforseniors.com/

Post a free profile then search for singles in your area at this site tailored to the mature dating scene.

Delivery & Shopping Services

NetGrocer http://www.netgrocer.com/

Since 1999, Netgrocer.com has been delivering grocery items to households across the nation including perishable and frozen goods. Netgrocer is an online grocery store delivering nationwide and to APO/FPO addresses. Complete your grocery shopping through our selection of refrigerated, frozen, and non-perishable groceries, health and beauty supplies, home, and gift items. We are a great solution for sending care packages to students, military personnel (APO and FPO addresses) and campers. Customer Service hours: Monday-Friday 8:00am - 5:00pm EDT Just call us toll-free at 1-888-NetGrocer (1-888-638-4762)

Peapod Online Grocery Shopping and Delivery Service www.peapod.com/

Grocery shopping from home made easy. Peapod's home grocery delivery allows you to shop online without leaving the convenience of your home. **Telephone 1-800-5-PEAPOD (1-800-573-2763)**

Driving

AAA-Senior Driving http://seniordriving.aaa.com/

AAA is dedicated to keeping seniors driving for as long as safely possible. We also are committed to promoting viable transportation options for seniors who can no longer drive independently. This website is intended to provide users with general information to help them better understand the traffic safety implications of certain health conditions and human behaviors.

BMV -Drivers with Disabilities http://www.in.gov/bmv/2347.htm

Disability parking placards and disability license plates allow the holders to park in areas designated for disabled drivers.

<u>Drugs - (Prescription Programs and Assistance)</u>

Food & Drug Administration (seniors)

http://www.fda.gov/ForConsumers/ByAudience/ucm062130.htm

HOOSIERRX: HoosierRx Helps Pay for your Medicare Part D Plan Click the link for a printable version of the <u>HoosierRx Flyer</u>

http://www.in.gov/fssa/ompp/2669.htm

HoosierRx representative @1-866-267-4679

Medicare http://www.medicare.gov/

The Official US Government Site for medicare information. Call 1-800-382-1274 in Pennsylvania for assistance. You can join a Medicare Prescription Drug Plan in the following ways: By paper application: Contact the company offering the drug plan you choose and ask for an application. Once you fill out the form, mail or fax it back to the company. On the plan's website: Visit the drug plan company's website. You may be able to join online. On the www.medicare.gov website: You will also be able to join a drug plan at the Medicare website by using Medicare's online enrollment center. By Phone: You can join a drug plan by calling 1-800-MEDICARE (1-800-633-4227) and talking to a Medicare customer service representative. TTY users should call 1-877-486-2048.

RX Assist http://www.rxassist.org/

RxAssist is a nationally recognized, web based medication assistance resource center. Established in 1999 with funding from The Robert Wood Johnson Foundation, RxAssist gives providers, advocates, consumer and caregiver's comprehensive, up-to-date information in an easy to use format.

MEDLINEplus Health Information

MEDLINEplus Health Information is a service of the National Library of Medicine. The well-organized website has information on thousands of prescriptions and over-the-counter medications from the American Society of Health-System Pharmacists and the United States Pharmacopeia. Website: www.medlineplus.gov

Merck Prescription Discount Program

Merck has a variety of patient assistance and prescription discount programs to help those in need. This Web site will help you understand the program material. If you have any questions, please call 1-800-727-5400, 8:00 AM-8:00 PM ET, Monday through Friday, and a live operator will be available to assist you.

Website: www.merck.com

Partnership for Prescription Assistance - PPA

Bringing Together America's Pharmaceutical Companies IN

The Partnership for Prescription Assistance (PPA) brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients who lack prescription coverage get the medicines they need through the public or private program that's right for them.

Website: <u>www.pparx.org</u> 1-888-4PPA-NOW (1-888-477-2669)

Peoples Prescription Plan

Save on Prescriptions IN

Save on prescriptions, vitamins, diabetic testing supplies, hearing aids and much more with Peoples Prescription Plan. FOR CUSTOMER SERVICE PLEASE CALL 1-800-591-4279

Website: www.peoplesrxcard.com

Education

Road scholar http://www.roadscholar.org/

Road Scholar is the new program name for Elder Hostel, Inc. It is the world's largest not-for-profit educational travel organization for adults. Call (800) 454-5768

Elected Officials

Dan Coats - US Senate (R) http://www.coats.senate.gov/ P: (317) 554-0750 **Joe Donnelly** - US Senate (D) http://www.donnelly.senate.gov/ P: (317) 226-5555 **Todd Young** - R 9th district http://www.toddyoung.house.gov/ Greenwood; 2 N Madison Avenue; Greenwood, IN 46142; Phone: (317) 661-0696; Tuesday 8:00 AM to 5:00 PM **Woody Burton** - Indiana House of Representatives House District 58: Greenwood, New Whiteland, Whiteland and Clark Township Direct line: (317) 232-9863 E-mail http://www.in.gov/cgi-bin/legislative/contact/contact-2-5.pl?data=h058

Elder Care (See Assisted Living)

Employment

Goodwill http://www.goodwill.org/goodwill-for-you/specialized-services/seniors/ or JOBS http://www.goodwill.org/scsep/

Indiana Manpower and Comprehensive Training (IMPACT)

http://www.in.gov/fssa/dfr/3155.htm

IMPACT services are a component of Indiana's Welfare-to-Work program.

Retired Brains http://www.retiredbrains.com/default.aspx

We are the largest independent job and information resource for boomers, retirees and people planning their retirement. Founded in 2003 we continue to compile sought after content in areas of interest to our demographic.

Senior Job Bank http://www.seniorjobbank.org/

For more than a decade now, SeniorJobBank.org has been committed to bringing together employers with qualified older job seekers. We have built an audience of seasoned or experienced workers on the Web that is second to none.

Senior Corps http://www.nationalservice.gov/programs/senior-corps

Senior Corps connects today's 55+ with the people and organizations that need them most. We help them become mentors, coaches or companions to people in need, or contribute their job skills and expertise to community projects and organizations. Volunteers receive guidance and training so they can make a contribution that suits their talents, interests, and availability.

Workforce50.com http://www.workforce50.com/

Employment and Career Change Resources for People Over 50

Work-for-RVers http://www.work-for-rvers-and-campers.com/

We started this site after corresponding with thousands of RVers, sharing what we've learned from our personal experience as full-time RVers, as well as what we've gleaned from employers and managers who hire and work with work campers and other RV workers.

End-of-Life Resources (Hospice)

Advance Directives: Durable Power of Attorney for Health Care

What is different about Advance Directives in the State of Indiana?

http://www.dhblaw.com/PDF/Out Of Hospital Order.pdf

http://www.in.gov/legislative/ic/2010/title16/ar36/ch5.html

http://www.in.gov/fssa/files/ISDH - Advance Directives - Your Right to Decide.pdf

http://www.caringinfo.org/files/public/ad/indiana.pdf

National Hospice and Palliative Care Organization www.nhpco.org/

NHPCO cares for terminally ill persons and their families, and is dedicated to making hospice an integral part of the U.S. health care system.

Exercise

Greenwood Community center http://www.greenwood.in.gov/topic/subtopic.php?topicid=67

The Greenwood Community Center is a multi-use facility located at 100 Surina Way, next to the Greenwood Police Department. Exercise classes and equipment are available to all. Call(317) 881-4545.

To participate in the National Senior Games, you must be 50 years old and qualify the year before through a NSGA sanctioned State Qualifying Games. You may qualify through the state you live in, or any state which allows out-of-state competitors; however, you should contact these States directly for qualifying information. A complete list of sanctioned State Organizations with contact information and web link (if provided) is available on the website on the State Games page.

Contact Name: Holly Schneider Contact Phone: 812-492-7440 Contact Email: hschneider@swirca.org Website: http://www.swirca.org

Senior Fitness http://www.seniorfitness.net/

The United States Census Bureau predicts that more than 46 million Americans will be over 65 years of age by 2015. You can gain a head start on the coming boom in older adult fitness programming with senior-specific educational programs from SFA, the pioneer in older adult fitness education. There will never be a better time than now to prepare for success in the rewarding market of mature adult fitness.

YMCA http://www.indymca.org/centers/baxter/center-news/ or http://www.ymca.net/

Baxter YMCA 7900 S. Shelby St. Indianapolis, IN 46227 (317) 881-9347 Directions

Federal Government Resources

Administration for Community Living (ACL)

http://acl.gov/Get Help/Help Older Adults/Index.aspx

All Americans—including people with disabilities and older adults—should be able to live at home with the supports they need, participating in communities that value their contributions. To help meet these needs, the U.S. Department of Health and Human Services (HHS) created a new organization, the Administration for Community Living (ACL). Public Inquiries: (202) 619-0724

Agingstats.gov http://www.agingstats.gov/agingstatsdotnet/main-site/default.aspx

This report provides the latest data on the 37 key indicators selected by the Forum to portray aspects of the lives of older Americans and their families. It is divided into five subject areas: population, economics, health status, health risks and behaviors, and health care.

Eldercare.gov http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services. You can also reach us at 1-800-677-1116

Food & Drug Administration (seniors)

http://www.fda.gov/ForConsumers/ByAudience/ucm062130.htm 1-888-INFO-FDA (1-888-463-6332)

National Do Not Call Registry https://www.donotcall.gov/

The National Do Not Call Registry gives you a choice about whether to receive telemarketing calls at home. Most telemarketers should not call your number once it has been on the registry for 31 days. If they do, you can file a complaint at this Website. You can register your home or mobile phone for free.

National Council on Aging (NCOA) www.ncoa.org

The National Council on Aging (NCOA) is a nonprofit service and advocacy organization that improves the lives of all older adults and community organizations. call 800-677-1116.

National Council on Aging's Benefits CheckUp www.benefitscheckup.org

This online resource from the National Council on Aging (NCOA) provides information about federal, state, local and private programs that may help pay for prescription drugs, utility bills, meals, health care and other needs.

National Institute on Aging http://www.nia.nih.gov/

NIA -- one of the 27 Institutes and Centers of the NIH -- has been at the forefront of the Nation's research activities dedicated to understanding the nature of aging, supporting the health and well being of older adults, and extending healthy, active years of life for more people Phone: 1-800-222-2225 TTY: 1-800-222-4225

Medicare http://www.medicare.gov/

The Official US Government Site for medicare information. Call 1-800-382-1274 in Pennsylvania for assistance.

Medicare Rights http://www.medicarerights.org/

The Medicare Rights Center is a national, nonprofit consumer service organization that works to ensure access to affordable health care for older adults and people with disabilities through

counseling and advocacy, educational programs and public policy initiatives. National Helpline: 800-333-4114

Social Security Administration-Chicago Region http://www.ssa.gov/chicago/

The Chicago Region of the Social Security Administration encompasses the Midwestern states of Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin. Address: 2535 ARNOLD STREET COLUMBUS, IN 47203

Phone: 1-800-772-1213 TTY: 1-800-325-0778

Hours:

Monday 9:00 AM - 3:00 PM Tuesday 9:00 AM - 3:00 PM Wednesday 9:00 AM - 12:00 PM Thursday 9:00 AM - 3:00 PM

Friday 9:00 AM - 3:00 PM Saturday Closed

Sunday Closed

USA.gov http://www.usa.gov/Topics/Seniors.shtml

Senior Citizens' Resources: Find government resources for seniors on money, housing, health, consumer protection, and more.

U.S. Census Bureau Age Data http://www.census.gov/population/age/

Demographic data and reports from the U.S. Census Bureau about seniors.

U.S. Department of Veterans Affairs http://www.va.gov/

Includes healthcare and pension information 1-800-827-1000

Finance

Finance Calculators http://www.choosetosave.org/calculators/

Auto Calculators_Bond Calculators_Budget Calculators_College Calculators_Credit Card Calculators Employee Benefits_Home (mortgage)_Insurance - Disability Calculators_Insurance - Disability Calculators_Insurance - Health Calculators_Insurance - Life Calculators_Life Expectancy Calculators_Mutual Fund Calculators_Paycheck Planning Calculators_Retiree Health_Retirement Calculators_Roth IRA Calculators_Savings Calculators_Social Security Calculators_Stock Calculators_Tax Calculators

Indiana Department of Insurance (IDOI) http://www.in.gov/idoi/index.htm

The Department monitors insurance companies and agents for compliance with state laws to protect consumers and to offer them the best array of insurance products available. The Department regulates approximately 1,780 insurance companies operating in Indiana and licenses over 100,000 producers (agents and brokers). The IDOI assists Hoosiers with insurance questions and provides guidance in understanding how insurance policies work. 1-800-622-4461

Indiana Securities Division http://www.in.gov/sos/securities/

The Indiana Securities Division regulates the securities industry in Indiana. The division protects investors and consumers by bringing civil and administrative actions against companies and individuals accused of violating the Indiana Uniform Securities Act. 1-317-232-6531

Long Term Care Insurance http://www.in.gov/iltcp/

The Indiana Long Term Care Insurance Program (ILTCIP) is an innovative partnership between the State of Indiana and private long-term care insurance companies. Indiana has taken the lead in helping residents protect their hard-earned savings from the high cost of long-term care. Toll Free: 866-234-4582

PensionHelp America https://www.pensionhelp.org/

PensionHelp America is a service of the Pension Rights Center, a nonprofit consumer organization dedicated to protecting and promoting the retirement security of America's workers, retirees, and their families. 1350 Connecticut Avenue NW, Suite 206 | Washington, DC 20036 | 1-888-420-6550

Property Tax Deductions http://www.in.gov/dlgf/2344.htm

Over 65 Deduction and Over 65 Circuit Breaker Credit forms & frequently asked questions from the Department of Local Government Finance. 1-888-739-9826

Property tax and Abatements in Indiana http://www.in.gov/dva/2383.htm

http://www.in.gov/dlgf/4931.htm

1-800-400-4520

RetireNet http://www.retirenet.com/

The world's leading online retirement resource, offers information on finding the right home has never been faster or easier.

US Securities and Exchange Commission http://www.sec.gov/investor/seniors.shtml

Whether you are nearing — or already enjoying — retirement, it pays to stay on top of your finances. U.S. Securities and Exchange Commission Office of Investor Education and Advocacy 100 F Street, NE Washington, DC 20549-0213 Telephone: (800) 732-0330

Food Banks

Christian Help, Inc.: www.christianhelpinc.org

Services Offered: emergency housing assistance, life skills and budgeting classes (317) 346-9957 | 227 E Jefferson St, Franklin, IN 46131

Emmanuel Church of Greenwood, 1640 W. Stones Crossing Road, Greenwood; 535-9673. Hours: 11:30 a.m. to 12:30 p.m. and 5 to 7 p.m. Wednesday

Harvest Food Pantry – St Francis & Clare Catholic Church, 5901 W Olive Branch Rd, Greenwood, IN 46143 317.859.4673. Open the 2nd and 4th Saturday of each month from 9:00 am until noon.

Human Services Inc.

Services Offered: utilities assistance, food, life skills training, Section 8 Housing vouchers, emergency shelter. Hours: 9 to 11 a.m. Monday and Wednesday for Food (317) 736-0755 | 98 W Madison Ave, Franklin, IN 4613

Living Bread Food Ministry, Mount Pleasant Christian Church, 775 N. Bluff Road, Greenwood; 889-9650. Hours: 9:15 to 9:40 a.m. and 6:15 to 6:40 p.m. Thursday and the first and third Saturday of each month The Lord's Locker, 101 S. Pleasant St., Trafalgar; 878-7708. Hours: 9 to 9:30 a.m. Wednesday

Lord's Locker https://www.facebook.com/THeLordsLockerForSuchATimeAsThis 101 S Pleasant Street, Trafalgar, Indiana 46181-0327, (317) 878-7708

Service description: Accepts donations of food, clothing, money and household goods. Pantry serves Johnson County. Hours: Shopping: Wed. 9am-3pm **Food Pantry** sign-up 9am-9:30am; Donations Mon. 9am-1pm, Tues. 9am-Noon, Wed. 9am-3pm and every 3rd Sat. 9am-Noon

InterChurch Food Pantry: http://pantryjc.org

Services Offered: food/ Hours: 1 to 3 p.m. Monday through Friday

(317) 736-5090 | 2900 N Graham Rd, Franklin, IN 46131

The Refuge: http://therefugeinc.com/go/help

Services Offered: nonperishable food, clothing, and personal products. Hours: 9 to 11 a.m. Tuesday and 6 to 8 p.m. Thursday

(317) 889-7338 | 65 Airport Pkwy, Greenwood, IN 46143

Salvation Army Samaritan Services, 325 Market Plaza, Greenwood; 881-2505. Hours: 1 to 5 p.m. Monday, 12:30 to 4 p.m. Wednesday and Friday

St. Vincent de Paul Society, Our Lady of the Greenwood Catholic Church, 335 S. Meridian St., Greenwood; 888-2861. Hours: 8:30 a.m. to 4 p.m. Monday through Friday

Senior Farmer's Market http://www.in.gov/isdh/20085.htm

The Senior Farmers' Nutrition Program (SFMNP) provides eligible senior citizens with checks to use at their local farmers' markets to purchase fresh locally grown fruits and vegetables.

http://www.ams.usda.gov/AMSv1.0/farmersmarkets

Greenwood Farmers Market http://www.localharvest.org/greenwood-farmers-market-M2138

Supplemental Nutrition Assistance Program (SNAP)

Many seniors who are struggling in these tough economic times may not be aware that they are eligible for food stamps. The Supplemental Nutrition Assistance Program (SNAP) -- the official name of the food stamp program -- helps low-income seniors buy the food they need.

Supplemental Nutrition Assistance Program (SNAP) Local Office:

Johnson County Division of Family Resources; 1788 E. Jefferson St. Franklin, IN 46131-7277 Telephone/Fax Number: 1-800-403-0864 Office Hours: Monday-Friday, 8:00 a.m. - 4:30 p.m http://www.in.gov/fssa/dfr/3155.htm

Vineyard Community Church, 512 S. Madison Ave., G reenwood; 882-8463. Hours: 10 a.m. to noon Wednesday, 10:30 to 11:30 a.m. the first Saturday of each month.

Fuel Assistance(Utilities)

Emergencies -211 & Wheeler Mission 222-6669 Winter Contingency Shelter

Hoosiers Care http://www.hoosierscare.org/

Hoosiers Care is a statewide campaign designed to teach Hoosiers about simple daily actions that they can take to save money and the environment. Each simple step you take can help improve air and water quality; conserve water and energy; and, reduce waste. Each person's individual actions can add up to make a large, positive environmental change for Indiana's environment. 1-800-451-6027

Indiana Energy Assistance http://www.incap.org/eap.htm

If you need assistance with your gas or electric bills, visit this site to find help in your county. Johnson County is the following agency. Johnson County (HIS) Human Services, Inc. 98 W. Madison Franklin, IN 46131(317) 736-0755 M-F 8-5p

Indiana 211 Partnership http://www.in211.org/

Residents around the state of Indiana can dial 2-1-1 to find help with a range of housing issues and other services, including energy assistance. Just dial 2-1-1, or visit the Indiana 211 Partnership web site to find an IN211 Center near you.

Indiana Office of Utility Consumer Counselor http://www.in.gov/oucc/

Information on reduced-cost telephone service, tips on how to save energy, and more. 1-888-441-2494

INCCA-Indiana Community Action Association

http://www.incap.org/enerysavingtips.htm

Click on this link for some easy energy saving ideas for your home.

Indiana Housing and Community Developmenthttp://www.in.gov/ihcda/

This site is designed for the residents of Indiana to learn more about the resources and programs available through IHCDA. 1-317-232-7777

Johnson County Trustees - http://co.johnson.in.us/township-trustee-info/ Indiana Township Association -

http://www.indianatownshipassoc.org/index.php?option=com mtree&task=listcats&cat id=1 64&Itemid=76 P.O. Box 611 Fishers, IN 46038 Phone: 317.813.3240

Trustee office provides public assistance to residents of Johnson County. Those below serve closest to City of Greenwood. If a household meets the eligibility standards they may be eligible to receive assistance with basic necessities like: Shelter – rent/mortgage assistance: Electric Utility assistance; Gas Utility assistance; Water Utility assistance; Sewer Utility assistance; Other basic necessities for health and safety.

Clark Township Trustee 317-862-2550 Pleasant Township Trustee 317-535-7571 White River Township Trustee 317-422-1143

Low-Income Home Energy Assistance Program http://liheap.ncat.org/profiles/Indiana.htm

The Low-Income Home Energy Assistance Program (LIHEAP) is a federally-funded program that helps low-income households pay their home heating and cooling bills. It operates in every state and the District of Columbia, as well as on most tribal reservations and U.S. territories. 1-317-232-7777

Weatherization Assistance - http://www.incap.org/CAP agencies.htm If you need assistance with weatherizing a home you already own, visit this site to click on your county and find an agency in your area that can help. Johnson County (HSI) Human Services, Inc. 98 W. Madison Franklin, IN 46131 (317) 736-0755

<u>Fun</u>

Euchre:

Incredible Pizza Indy - Join us every 1st and 3rd Tuesday of the month from 11:30am-1pm for Euchre Day! Pay \$5 and get a buffet, drink, and, of course, Euchre! - 8707 Hardegan St Indianapolis, IN 46227 (317) 215-6307 Contact Debbie Lambert: (317) 496-4450 or dlambert@ipceastcoast.com for more info!

 $\frac{Greenwood\ Public\ Library}{Greenwood\ Public\ Library}\ - Meets\ the\ 1^{st}\ Wednesday\ of\ the\ month,\ Community\ Room\ A,\ 1:00pm\ 310\ S.\ Merdian\ St,\ Greenwood,\ IN\ 46143\ 881-1953$

<u>The Social of Greenwood</u> - <u>thesocialofgreenwood.org</u> Meets Every Tuesday at 1:00pm <u>Knight of Columbus</u> Meets the 2nd Wednesday of each month at 12:30pm Address: 511 East Thompson Rd Indianapolis IN, 46227 317-784-3660

Bingo sites:

<u>Incredible Pizza Indy</u>- Every 2nd Tuesday of the month, Indy's Buffet & Fun Center hosts Senior Day. From 11am-2pm seniors are invited to partake in food and activities. Bingo starts at 1pm! Only \$5! Contact Debbie Lambert: (317) 496-4450 or dlambert@ipceastcoast.com to reserve your spot for fun things to do in Indianapolis Indiana.

St Roch Catholic School, 3603 S Meridian Street, Indiana 46227-1224 Operating Hours:Wed-6:30 Phone: 1 (317) 784-1763

Briangle http://www.braingle.com/

With over 20,000 brain teasers, riddles, logic problems, quizzes and mind puzzles, Braingle has the largest collection anywhere on the internet. Daily exercises and tips for improving memory, creativity, vocabulary and stress management.

Games at AARP http://games.aarp.org/

Free games are available 24/7 at AARP's website for word nerds, card sharks, and other gaming types.

Marc Adams School of Woodworking http://www.marcadams.com/

We'll be offering 140 unique workshops with the best woodworkers from around the globe. Whether it's a new technique you've wanted to master, or a whole new discipline you've wanted to explore, we've got you covered as we offer the most diverse range of woodworking classes available anywhere on the planet! 5504 E 500 N, Franklin, IN 46131, Phone: 317-535-4013 Office Hours: Mon.-Fri. 9am to 3pm)

National Senior Games http://www.nsga.com/state-games.aspx?state=indiana

To participate in the National Senior Games, you must be 50 years old and qualify the year before through a NSGA sanctioned State Qualifying Games. You may qualify through the state you live in, or any state which allows out-of-state competitors; however, you should contact these States directly for qualifying information. A complete list of sanctioned State Organizations with contact information and web link (if provided) is available on the website on the State Games page. Ph: (225) 766-6800 - Games Information - Ext. 5104 - Registration Information - Ext. 5104

Old Time Radio http://www.old-time.com/

If you are interested in radio programs from "radio's golden age", these are the WWW pages for you. They are filled with many entertaining and educational topics for fans of nostalgic / old-time radio shows.

play Bridge http://www.playbridge.com/

The playBridge Hand Generator's mission is to provide computer generated hands for bridge players and teachers

Red Hat Society http://www.redhatsociety.com/

We are a global society of women that connects, supports and encourages women in their pursuit of fun, friendship, freedom, fulfillment, and fitness. Main Office – Hatquarters, The Red Hat Society, Inc.431 S. Acacia Ave. Fullerton, CA 92831 Phone Toll Free: 1-866-FUN-AT-50 (1-866-386-2850), Office Hours: M-F 8am-5pm PST

Romeo Club: Retired Old Men Eating Out

http://www.romeoclub.org/chapters.htm#Club%20Listings

Welcome to the ROMEO CLUB Organization! Retired Old Men Eating Out gives members an opportunity to meet in their community. Features local chapters. There are literally hundreds of clubs across the United States that call themselves the Romeo's. GROUPS Like the ROMEO'S May Help You Live Longer! Scroll down for Indiana Chapter: Plainfield.

Twilight Wish - http://www.twilightwish.org/

Twilight Wish Foundation, the first national senior wish-granting organization dedicated to the needs of the elderly. Outside Pennsylvania (toll free): (877) TWF-WISH (893-9474)

The Wood Workers Gazette http://woodworking.org/

Members share views, news and reviews with you such as tool reviews, WoodSampler, Got a woodworking question? Check out our bulletin board! Accident Survey and much more.

Grandparents

Boomer Grandparents http://boomergrandparents.com/

This is a fun site for boomers who love their grandchildren and are learning to connect with them in a totally new, fully digital way.

Grandparenting.org http://grandparenting.org/

Our interactive website is devoted to fostering grandparent education, networking, research, and programs. The site is structurally comprised of four main sections, (listed at the top of this page), that deal with diverse and specialized aspects of grand parenting.

Grandparents Raising Grandchildren

http://www.usa.gov/Topics/Grandparents.shtml

If you take care of grandchildren, find grandparent programs in your state and get information about benefits, assistance, and more.

Grandparents.com http://www.grandparents.com/food-and-leisure/travel

Want to take the grandkids along? Check out Grandparents.com's Travel section for ideas, tips, and deals.

Grants

Catalog of Federal Domestic Assistance - https://www.cfda.gov/ 2013 Catalog: https://www.cfda.gov/downloads/CFDA_2013.pdf

Contains information on financial and non-financial assistance programs provided by the federal government.

Foundation Center http://foundationcenter.org/

The Center maintains the most comprehensive database on U.S. and, increasingly, global grantmakers and their grants — a robust, accessible knowledge bank for the sector. (800) 424-9836

Indiana Grantmakers Alliance, Inc. https://www.inphilanthropy.org/

This organization works to advance philanthropy throughout the state of Indiana by providing information for Indiana nonprofits and grantmakers on workshops, conferences, newsletter, and publications. 32 E. Washington St., Suite 1100 Indianapolis, IN 46204 Phone: (317) 630-5200 Fax: (317) 630-5210 Email: info@inphilanthropy.org

Greenwood, Indiana Major Resources

City of Greenwood https://www.greenwood.in.gov/

The official website of Greenwood, Indiana. Great resource for information from City Code to Park Locations. 2 N. Madison Ave. Greenwood, IN 46142 Get Directions 317-881-8527 Municipal Code: http://www.amlegal.com/library/in/greenwood.shtml

Greenwood Arts Council - http://www.greenwoodarts.org/

To advance and promote the visual, performing, and literary arts in the Greater Greenwood Community. Greater Greenwood Arts Council PO Box 1420 Greenwood, IN 46142 The GGAC Board of Directors meets the first Monday of each month from 11:30am - 1:00pm at the Greenwood Public Library. All are welcome!

Greenwood Community Center http://www.greenwood.in.gov/topic/subtopic.php?topicid=67

The Greenwood Community Center is a multi-use facility located at 100 Surina Way, next to the Greenwood Police Department. (317) 881-4545

Greenwood Community Garden

Office Phone 317-887-5282Hours Call 881-4545 for plot rental information. Physical Address Address 1244 W Fry Rd. Greenwood, IN 4614 Garden plots rent for \$20/members, \$25/residents, \$30/non-residents. To reserve a garden plot, call the Parks Department at (317) 881-4545 or email: parks@greenwood.in.gov

Greenwood Farmers Market http://www.localharvest.org/greenwood-farmers-market-M2138 Schedule and Location:

Greenwood United Methodist Church parking lot 525 North Madison Avenue, Saturdays, 8 am - 12 noon Wednesdays, 2:30 pm - 6 pm June 27 Through early/mid October

Greenwood Police - https://www.greenwood.in.gov/department/index.php?structureid=19
186 Surina Way Greenwood IN 46143 Non-Emergency number 317-865-6396
** If this is an EMERGENCY please dial 911 **

Greenwood Public Library www.greenwoodlibrary.us

310 S. Meridian Street Greenwood, IN 46143 317-881-1953

Oasis http://www.oasisnet.org/Cities/Central/IndianapolisIN.aspx

Our main office is OASIS at Washington Park, 10800 East Washington Street, Indianapolis, IN 46229 Phone: 317-396-3751. The Greenwood South office located in Greenwood United Methodist Church. 525 N. Madison Ave., Greenwood, IN 46142. The entrance to the building and parking are on the Southeast side of the building

The Social of Greenwood http://thesocialofgreenwood.org/

The Social of Greenwood was founded in 1979 as the Greenwood Senior Center. It started with a group that met weekly to enjoy a meal together. Today, The Social of Greenwood has many different regularly scheduled activities. These educational and social programs help improve the quality of life for our members. Our goal is to inform and equip our members with local resources while providing them with a fun, social environment. The mission of The Social of Greenwood is to provide programs, activities, and services designed to enhance the quality of life of those 50 and beyond in our community. **50 Polk Street Greenwood, IN 46143 Office: 317-882-4810 Fax: 317-882-5934**

Southside Art League - http://www.southsideartleague.org/

The Southside Art League has a Board of Directors and a current membership of around 200. The Southside Art League is self supporting. Funds come from individual memberships, corporate memberships, gallery dues and class and workshop fees. Each year the Southside Art League sponsors a Student Show, Member's Show, National Abstract Show and Create Your Heart Out paint-out.

Instructional classes include oils, watercolors, pastels, acrylics, drawing, and portraiture. Workshops and demonstrations are also offered. SALI Classroom and Off Broadway Gallery 299 East Broadway, Greenwood, IN 46143 317-882-5562

Health Insurance Marketplace

Affordable Care Act: Public Resources

HealthCare.gov

HealthCare.gov is the main Affordable Care Act web site. You can compare and purchase health care plans. It contains Information about the Health Insurance Marketplace and the Affordable Care Act. 1-800-318-2596 for individuals or families

General Information

CMS.gov - Centers for Medicare & Medicaid Services: "CMS covers 100 million people through Medicare, Medicaid, the Children's Hospital Insurance Program and soon, through the Health Insurance Marketplace." (from web site)

HealthCare.gov is the main Affordable Care Act web site. You can compare and purchase health care plans. It contains Information about the Health Insurance Marketplace and the Affordable Care Act.

Phone Numbers

HealthCare.gov, Health Insurance Marketplace: 1-800-318-2596

Applications and Checklist (all pdfs)

Family Application (form | instructions)
Individual Short Application (form | instructions)
Individual Without Financial Assistance Application (form |instructions)
Marketplace Application Checklist

Hearing

Beltone http://www.beltone.com/locator/locator-results.aspx?AddressLine=46142&Country=US
One of the largest manufacturers of hearing instruments, Beltone products are sold in the United States, Canada and over 50 countries worldwide. **Phone Number: 800-235-8663**

Hearing advocates http://www.hohadvocates.org/

The goal of Hard of Hearing Advocates (HOHA) is to help hard of hearing (HOH) people by creating and implementing programs and solutions where HOH people have undue problems. We seek the advice of industry and others, but to avoid concerns of bias, our functional body is HOH people. **Phone:** (508) 875-8662 FAX (508) 529-4069

Lloyds http://www.lloydhearingaid.com/

Lloyds, the first company to offer discounted hearing aids through the mail, now offers those same discounts over the web! For over 45 years, Lloyds has helped people enjoy a better quality of life by solving their hearing problems. We're the real McCoy. **Hours of Operation Monday – Friday 8:00am - 4:30pm Central Time By phone: Toll Free: 1-800-323-4212**

Home Security

Home Security http://www.reviews.com/home-security-systems/

Hospitals (see also Medical)

CaringBridge – http://www.caringbridge.org/

An invaluable resource for families experiencing a major health challenge with a loved one (i.e. hospitalization), Caring Bridge allows you to create a website (at no charge) to keep everyone in the loop with updates on health status, test results, visiting hours, and other related news.

Community South - https://www.ecommunity.com/south/

1402 East County Line Indianapolis IN 46227 Toll-free: 800-777-7775 Main number: 317-355-1411

Franciscan St. Francis Health -

http://www.franciscanalliance.org/hospitals/indianapolis/Pages/default.aspx

8111 South Emerson Avenue Indianapolis, IN 46237 (317) 528-5000

Johnson Memorial Hospital -http://www.johnsonmemorial.org/ 1125 W. JEFFERSON ST. FRANKLIN, IN 46131 317. 736.3300

Housing- see Assisted Living

Insurance

Indiana Department of Insurance (IDOI) http://www.in.gov/idoi/index.htm

The Department monitors insurance companies and agents for compliance with state laws to protect consumers and to offer them the best array of insurance products available. The Department regulates approximately 1,780 insurance companies operating in Indiana and licenses over 100,000 producers (agents and brokers). The IDOI assists Hoosiers with insurance questions and provides guidance in understanding how insurance policies work. 1-800-622-4461

Long Term Care Insurance http://www.in.gov/iltcp/

The Indiana Long Term Care Insurance Program (ILTCIP) is an innovative partnership between the State of Indiana and private long-term care insurance companies. Indiana has taken the lead in helping residents protect their hard-earned savings from the high cost of long-term care. Toll Free: 866-234-4582

Johnson County Major Resources

Johnson County Helpline: 1-317-346-4700

Johnson County Public Library http://www.jcplin.org/

CLARK PLEASANT BRANCH 530 Tracy Road, Suite 250, New Whiteland, IN 46184-9699 (317) 535-6206

FRANKLIN BRANCH 401 State Street, Franklin, IN 46131-2561 (317) 738-2833 TRAFALGAR BRANCH 424 Tower Street, Trafalgar, IN 46181-8876, (317) 878-9560 WHITE RIVER BRANCH 1664 Library Blvd., Greenwood, IN 46142-1563, (317) 885-1330

Johnson County Historical Society http://johnsoncountymuseum.org/

The Johnson County Museum of History is a local historical museum located in Franklin, Indiana. The museum is run by the Johnson County Historical Society. 135 N. Main Street, Franklin, Indiana 46131, Tuesday - Friday- 9 AM to 4 PM, Saturday- 10 AM to 3 PM, 317-346-4500

Johnson County Government http://co.johnson.in.us/

Community, Government and Judicial

St. Thomas Clinic, http://www.saintthomasclinic.org/

600 Paul Hand Blvd. Franklin Indiana 46131 (317)535-6057 or E-mail stthomasclinic@aol.com Type of Aid: Free Medical Care

We serve over 800 Johnson County adults annually with free doctor visits, chronic disease management, medicines, medical tests, outside referrals and enrollment in pharmaceutical companies' assistance programs.

Directions: http://www.saintthomasclinic.org/map.htm

Legal Resources

Johnson County Legal Aid-Serving residents of Johnson County

http://www.in.gov/judiciary/probono/2348.htm

Assistance possible for general civil legal issues. No income generating cases, disability, criminal, custody, and driver's license issues. Intake 2nd and 4th Tuesdays, 10:00 a.m. Greenwood Public Library310 S. Meridian Street, Greenwood Intake 3rd Tuesday, 12:00 p.m. Law Library, Johnson County Courthouse Franklin, IN

The National Senior Citizens Law Center http://www.nsclc.org/

The National Senior Citizens Law Center is a non-profit organization whose principal mission is to protect the rights of low-income older adults. Through advocacy, litigation, and the education and counseling of local advocates, we seek to ensure the health and economic security of those with limited income and resources, and to preserve their access to the courts

Nolo http://www.nolo.com/legal-encyclopedia/elder-care-seniors

Senior Law & Legal Resources http://www.seniorlaw.com/resource.htm

Information for Seniors and Attorneys & Elder Law Related Legal Resources on the Web

Senior Law Project / Indiana Legal Services www.indianajustice.org

The Senior Law Project of Indiana Legal Services is funded in part by CICOA to assist low-income seniors with free legal services, helpful booklets regarding senior law issues, and referrals to attorneys specializing in senior law. Phone: 317.631.9424

Media

ELDR http://eldr.com/

ELDR is a media company which seeks to inspire the influential 60-plus audience to celebrate the joys, navigate the challenges and discover the meaning of aging.

RLTV - http://www.rl.tv/

RLTV, the only network and online destination dedicated to Generation 50+

Savvy Senior http://savvysenior.org/

Welcome to Savvy Senior! A national information service devoted to older Americans and the families who support them. Through a variety of media, Savvy Senior provides information and resources through its nationally syndicated newspaper column, senior newswire service, resource books, weekly radio program and television features on NBC and CNBC.

Senior.com http://senior.com/

Senior.com a company dedicated to providing its website visitors with: Information that is useful for life. News and articles on recent topics, Tools to find helpful services in your area, Communication tools to stay connected with friends and family, Caregiver services and plus a whole lot more.

Meals on Wheels

Meals on Wheels http://www.mowaa.org/

These programs provide well over one million meals to seniors who need them each day. Some programs serve meals at congregate locations like senior centers, some programs deliver meals directly to the homes of seniors whose mobility is limited, and many programs provide both services. http://www.cicoa.org/solutions-guide/48-basic-needs/122-meals.html Greenwood (Johnson County), 317-882-2424

Medical

American Medical ID http://www.americanmedical-id.com/

If you have ongoing medical conditions, drug or food allergies, or are taking multiple medicines, you should wear a medical ID alert - we offer medical bracelets for women and medical bracelets for men alike. An engraved medical ID bracelet or necklace presenting a concise overview of your conditions, allergies and medicines will alert a doctor or medic before starting treatment. Informing medical personnel about your unique medical conditions and needs will greatly aid pre-hospital care. **949 Wakefield, Suite 100 Houston, Texas 77018 Orders 1.800.363.5985**

Merck Manual http://www.merckmanuals.com/professional/geriatrics.html

The Merck Manual provides detailed clinical information about the medical problems of senior citizens.

NIHSeniorHealth http://nihseniorhealth.gov/

NIHSeniorHealth can help seniors find answers to their medical questions from the comfort of their own homes thanks to this new and innovative online resource and the Internet.

Recalls of Medical Devices

http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfRES/res.cfm

This FDA database contains a list of classified medical device recalls since November 1, 2002. It is updated as information becomes available.

St. Thomas Clinic, http://www.saintthomasclinic.org/

600 Paul Hand Blvd. Franklin Indiana 46131 (317)535-6057 or E-mail stthomasclinic@aol.com Type of Aid: Free Medical Care

We serve over 800 Johnson County adults annually with free doctor visits, chronic disease management, medicines, medical tests, outside referrals and enrollment in pharmaceutical companies' assistance programs.

Medicare

Medicare http://www.medicare.gov/

The Official US Government Site for medicare information. Call 1-800-382-1274 in Pennsylvania for assistance.

Newspapers

Daily Journal - www.dailyjournal.net

Customer Service (317) 736-2777 Office 30 S. Water St., Second floor, Suite A P.O. Box 699 Franklin, IN 46131 Phone: (317) 736-2777 Toll free: (888) 736-7101

Indianapolis Star - http://www.indystar.com/

 $307.\,N.$ Pennsylvania Street P.O. Box 145; Indianapolis, IN 46206-0145 Main switchboard 1-317-444-4000; Toll free switchboard 1-800-669-7827

The Southside Times -www.ss-times.com

7670 US 31 S. Indianapolis, IN 46227 Phone: (317) 300-8782

The Southside Voice -6025 Madison Ave, Indianapolis, IN 46227 Phone #781-0023 news@southsidervoice.com

Nursing Facilities - see Assisted Living

Pets for the Elderly

Pets for the Elderly http://petsfortheelderly.org/

The Pets for the Elderly Foundation helps pay the fees to participating animal shelters throughout the United States for senior citizens (age 60 and over) who adopt a companion dog or cat from a participating shelter — including pre-adoption veterinary exams and spay/neuter, if part of the adoption fee. Phone: 480-625-4679

Spay and Neuter - http://hsjc.org/programs/spayneuter/

The Humane Society of Johnson County is partnering with <u>Pets Alive in Bloomington</u> to offer low cost spay/neuter services for Johnson County. The Humane Society of Johnson County also offers a Spay / Neuter discount certificate (http://hsjc.org/wp-content/uploads/Spay-Neuter-Certificate.pdf) to Johnson County residents. Spay / Neuter Certificate for listed Veterinarians 3827 North Graham Road Franklin, Indiana 46131 ph:(317) 535-6626

Spay & Neuter Services of Indiana http://www.spayneuterservices.org/

The Spay-Neuter Assistance Program is for limited income pet owners. Pet owners pay \$20 per surgery in SNSI's statewide network after meeting eligibility requirements. P.O. Box 55917 Indianapolis, IN 46205-0917 Phone 317-767-7771 Fax 866-771-0358

Pet-Urns http://www.chowtimeproductions.com/Pet-urns.html

Americas #1 pet artist Alyson Whitney offers handcrafted personalized ceramic pet urns, memorial and burial urns for your loved one. Affordable prices and FREE shipping. TEL: 713-446-2352

My Pet Loss http://www.mypetloss.com/

Therapy Dogs Organizations (Indiana) http://www.therapydogorganizations.net/#Indiana http://petpartners.org/page.aspx?pid=367

Retirement

PensionHelp America https://www.pensionhelp.org/

PensionHelp America is a service of the Pension Rights Center, a nonprofit consumer organization dedicated to protecting and promoting the retirement security of America's workers, retirees, and their families. 1350 Connecticut Avenue NW, Suite 206 | Washington, DC 20036 | 1-888-420-6550

RetireNet http://www.retirenet.com/

The world's leading online retirement resource, offers information on finding the right home has never been faster or easier.

State of Indiana

CICOA Aging & In-Home Solutions http://www.cicoa.org/

4755 Kingsway Dr., Suite 200 Indianapolis, IN 46205-1560 (317) 254-5465 or (800) 489-9550 FAX (317) 254-5494; TDD (317) 254-5497

Covers Marion, Boone, Hamilton, Hancock, Shelby, Johnson, Morgan and Hendricks Counties

Connect to Help- Indiana 211 http://www.connect2help.org/

Connect2Help 2-1-1's mission is to facilitate connections between people who need human services and those who provide them. Through the easy-to-remember 2-1-1 dialing code, Connect2Help 2-1-1 serves solely to promote self-sufficiency, change lives and, as a result, improve the quality of life in our communities. Last year, Connect2Help 211 helped more than 300,000 callers, emailers and visitors to our website to obtain basic needs (food, shelter, heat, etc.), legal assistance, or find help in fleeing domestic violence. Call 211 on phone.

Subsidized Housing Complexes Residential Care Facilities 1-800-457-8283

Indiana State Library http://www.in.gov/library/

The Indiana State Library and Historical Bureau is a public library building, located in Indianapolis, Indiana. It is the largest public library in the state of Indiana, housing over 60,000 manuscripts. Established in 1934, the library has gathered a large collection of books on a vast variety of topics. **1-866-683-0008**

Indiana Township Association -

http://www.indianatownshipassoc.org/index.php?option=com_mtree&task=listcats&cat_id=1 64&Itemid=76

The Indiana Township Association provides educational opportunities for elected township officials and their employees. P.O. Box 611 Fishers, IN 46038 Phone: 317.813.3240

Indiana Association of Area Agencies on Aging http://www.iaaaa.org/

The Indiana Association of Area Agencies on Aging (IAAAA) advocates for quality programs and services for older adults and persons with disabilities on behalf of Indiana's 16 Area Agencies on Aging. 4755 Kingsway Drive, Suite 318 Indianapolis, IN 46205 317.205.9201

Property tax and Abatements

Property tax and Abatements in Indiana http://www.in.gov/dlgf/4931.htm

Recycling

Johnson County Recycling District - http://recyclejohnsoncounty.com/

Our job is to help you dispose of your unwanted household items in an environmentally friendly way, if possible. So, if you have CFL light bulbs, household chemicals, paint, cell phones, electronics, batteries, appliances, tires, or any other household items you no longer want, call us at (317) 738-2546. We have the resources to help you get rid of it! Convenient year-round disposal options are available for most items. 900 Arvin Rd. Suite A, Franklin, IN 46131 317-738-2546 Hours: M-F 8:00 a.m. – 4:30 p.m. (Closed from 12:00-1:00 p.m. for lunch) Electronics are accepted Monday-Friday from 8:30 – 11:00 a.m. and 1:30 – 4:00 p.m.

Solid waste: Franklin Transfer Station - (317) 736-4542

730 Industrial Drive, Franklin. Industrial Drive is located on the East side of U.S. 3.1., immediately south of the Franklin Police Station in Franklin.

Hours of operation: Monday thru Friday 7:00 a.m. to 5:00 p.m. Saturday 7:00 a.m. to 12:00 p.m. Pricing Info: (verify pricing by phone) Pickup truck full of trash-\$29.50 Pickup truck full of roofing & drywall- \$37.00.

Remodeling

National Association of Home Builders-Aging-in-Place Remodeling

http://www.nahb.org/reference_list.aspx?sectionID=717

Homeowners want to stay in their homes for the duration. By instituting simple universal design techniques, professional Certified Aging-in-Place Specialists can insure that you live in your home comfortable, safely and independently for as long as you want. Learn about the Certified Aging-in-Place Specialist (CAPS) designation – the only program teaching professionals how to make homes safe and accessible for any age or ability, with an emphasis on aesthetically pleasing yet functional modifications. 1201 15th Street NW Washington, D.C. 20005; Washington, D.C.:

Toll free: 1-800-368-5242

Research Databases

Greenwood Public Library Online Databases http://www.greenwoodlibrary.us/databases.asp
The Greenwood Public Library provides access to several online databases. With your GPL card, you can even access some from home. 317-881-1953

The Gerontological Society of America http://www.geron.org/

We are the oldest and largest interdisciplinary organization devoted to research, education, and practice in the field of aging. GSA's principal mission — and that of our 5,400 members — is to advance the study of aging and disseminate information among scientists, decision makers, and the general public. 1220 L Street NW, Suite 901 » Washington, DC 20005 » OFFICE: 202.842.1275

Senior Games - See Exercise

Senior Women

Senior Women Web http://www.seniorwomen.com/

We take pride in having advanced to this age. We are women over 50 years old. Senior, in this case, means we have graduated from one life stage to another. Our interests are varied, our tastes eclectic, our need for information unending.

ThirdAge http://www.thirdage.com/

ThirdAge Inc. is a leading online lifestage media, marketing and consumer insight company exclusively focused on serving "boomer & beyond" women. Through strategic partnerships and integrated advertising campaigns, we help companies build lasting relationships with our audience.

Social Security -see Federal Resources

State Resources -see State of Indiana

Storage & Moving

American Moving & Storage Association www.moving.org

Organization which provides information and tips to help with moving and storage. 1611 Duke Street Alexandria, VA 22314-3406 USA Tel (888) 849-AMSA (2672)

National Association of Senior Move Managers https://www.nasmm.org/index.cfm

Stop by this site to search for certified Senior Move Managers in your region. PO Box 209, Hinsdale, IL 60522 - 877.606.2766

Move Seniors http://www.moveseniors.com/

MoveSeniors[™] is a national online resource for families seeking assistance with late life home transitions, such as moving, downsizing and remodeling.

Taxes-Aides

AARP Foundation Tax-Aide

http://www.aarp.org/applications/VMISLocator/searchTaxAideLocations.action#

AARP Foundation Tax-Aide offers free, individualized tax preparation for low-to moderate-income taxpayers - especially those 60 and older - at more than 5,000 locations nationwide. Find a location near you by searching on this link.

VITA Free tax Preparation http://irs.treasury.gov/freetaxprep/

The VITA Program generally offers free tax help to people who make \$51,000 or less and need assistance in preparing their own tax returns. IRS-certified volunteers provide free basic income tax return preparation with electronic filing to qualified individuals in local communities. They can inform taxpayers about special tax credits for which they may qualify such as Earned Income Tax Credit, Child Tax Credit, and Credit for the Elderly or the Disabled. VITA sites are generally located at community and neighborhood centers, libraries, schools, shopping malls, and other convenient locations.

Tax credits for the Elderly

Federal http://www.irs.gov/publications/p524/ Indiana: http://www.irs.gov/publications/p524/

Transportation - Bus and Cabs

Bus Services

Access Johnson County http://www.accessjohnsoncounty.org/

The Johnson County Transportation Access Committee caters to the transportation needs of all Johnson County residents, with emphasis on elderly, disabled, low income and other mobility disadvantaged citizens. The Access Johnson County service provides connectivity with IndyGo Routes 16, 22 and 31. Separate fares are required. **Address: 3500 N Morton St, Franklin, IN 46131 Phone:(317) 738-5523**

Indygo Bus Service http://www.indygo.net/

The Indianapolis Public Transportation Corporation, commonly known as IndyGo, operates the public transit system for the city of Indianapolis, Indiana

Indygo Regional Transportation http://www.indygo.net/pages/regional-transportation IndyGo only offers service in Marion County; therefore, it is important for our riders to be aware of the other transit resources and options that are available throughout Central Indiana. Click on this link for a list of services that can help get you where you need to go, regionally.

Taxi Cabs AAA Hoosier Cab (317) 534-0465

Greenwood, IN

Radio Cab of Greenwood

(317) 881-2525 199 Academy St, Greenwood, IN

Super Yellow Cab

(317) 736-8000 176 Melody Ave, Greenwood, IN

Traveling

Getting There

- Amtrak Home Page
- Expedia Travel
- Fare Report
- Google Maps
- Priceline
- Transportation Safety Administration

- Travelocity
- TripAdvisor
- US State Department

Destinations

- Gorp.com
- National Park Service
- Recreation.gov
- Road Scholar Home Page
- USA City Link Project
- Yahoo! Business and Economy: Companies: Travel: Lodging
- Eldertreks A world of exotic travel for the over 50 traveler.
- Visit Indiana

Traveling Local

- Visit Indiana
- Visit Indy
- Indiana Historical Society
- <u>Indiana State Parks</u>

<u>Mango Languages</u> - Enhance your trip to a foreign country by learning a little bit of the language before you go. Along with their more in-depth language training modules, they also offer basic courses that will teach you some simple conversation skills in just a few hours.

Veterans

American Legion -334 US Hwy 31 South Greenwood, IN 46142 (317) 881-1752

Indiana Department of Veterans' Affairs http://www.in.gov/dva/

Guide To Facilities And Offices For Veterans

Military Family Research Institute (MFRI)

https://www.mfri.purdue.edu/

Through research and outreach, the Military Family Research Institute (MFRI) works closely with collaborators to improve the lives of service members and their families in Indiana and across the country

US Department of Veterans Affairs http://www.va.gov/

Includes healthcare and pension information

United Services Automobile Association (USAA) - https://www.usaa.com

Proud to serve all veteran, reserve, and active duty military personnel and their families, USAA provides a host of superior services from banking to loans to life insurance.

VFW -Veterans Of Foreign Wars of The United States - https://www.vfw.org/

Veterans of Foreign Wars of the US is the official nonprofit service organization for USA military veterans benefits, VFW programs, community service, patriotic services. Providing financial, social, and emotional support to members of the Armed Forces, veterans, and their dependents **Local- Greenwood Memorial Post 5864** http://greenwoodvfw.com/ 5864 333 South Washington Street Greenwood Indiana 46143 317 888-2488

New Whiteland Post 6978- http://www.vfw6978.us/ 540 Tracy Rd suite D New Whiteland, IN 46184-9275Phone: (317) 535-4041

Vision Impairment

Large Print, Audiobooks and eBooks www.greenwoodlibrary.us

For those who have difficulty reading the small type typical of most printed materials, the Library provides books in a variety of formats designed to increase accessibility to the collection. Among these is the Library's large print collection available on the 2nd floor of the library. Large print books are typically printed in 16-point font vs. the 12-point font typical of regular hardback books (and smaller for paperback), and the availability of current titles continues to increase as the format's popularity continues to increase. Those who prefer to listen to a book may also enjoy the Library's collections of audiobooks, which are available on the second floor of the library, and downloadable audiobooks, which are available through the Library's website. Also now increasing in popularity are eBooks, an electronic book format that can be read on computer screens and eReaders and other portable devices. In many cases, the font sizes of these eBooks can be increased for easier readability. Like downloadable audiobooks, eBooks are available through the Library's website.

IUPUI - The Adaptive Technology and Accessibility Center http://www.indiana.edu/~iuadapts/impairments/vision.html

The Adaptive Technology and Accessibility Centers serve students, faculty, and staff with disabilities, specializing in tools to assist with reading, writing, studying, and information access. Whether you have one or a combination of disabilities, we are here to help you. This page presents a list of the technologies available to assist with vision impairments. Click on any item for more details, including an overview, assistive materials, and company information.

You can also learn more about other technologies we offer by visiting pages specific to hearing, learning, or mobility impairments.

Volunteering

RSVP http://www.nationalservice.gov/programs/senior-corps/rsvp

RSVP is one of the largest volunteer networks in the nation for people 55 and over. You can use the skills and talents you've learned over the years, or develop new ones while serving in a variety of volunteer activities within your community.

Foster Grandparent Program http://www.nationalservice.gov/programs/senior-corps/fostergrandparents

Ombudsman Program nursing homes http://www.in.gov/fssa/da/3474.htm

There are 22 Certified Local and numerous Volunteer Ombudsmen who are representatives of the Office of the State Long Term Care Ombudsman which is located in the Division of Aging. These representatives operate out of 17 local offices across the state, whose numbers are listed below. Anyone may contact the Ombudsman program on behalf of a long term care consumer, but Ombudsmen are guided in their actions by the individual receiving direct service.

Volunteer Match www.volunteermatch.org

Voter Registration

Johnson County Voter Registration - http://co.johnson.in.us/community/voter-registration/ Office Hours: Monday - Friday 8:00am - 4:30pm; Address:

Main Courthouse - Basement, 5 E. Jefferson St. Franklin, IN 46131 Main Line: (317) 346-4466

Find my Polling Place -

https://indianavoters.in.gov/PublicSite/Public/FT1/PublicLookupMain.aspx?Link=Polling

Absentee Voting Form

 $\frac{http://co.johnson.in.us/wp-content/uploads/2012/06/ABS-1-09-29-2011-revision.pdf}{\textbf{Online Voter Registration}} -$

https://indianavoters.in.gov/PublicSite/PublicMain.aspx

Project Vote Smart - http://votesmart.org/

A user-friendly voter's self-defense system, Project Vote Smart covers candidates and elected officials in five basic categories: biographical information, issue positions, voting records, campaign finances and interest group ratings. One Common Ground, Philipsburg, MT 59858 Hotline: 888-Vote-Smart (888-868-3762)

Widows & Widowers

Widows & Widowers Support Group http://www.wilsonstpierre.com/our-services/resources/
This is a great resource that our local funeral home, Wilsons St. Pierre has created for those in the grieving process because we know how difficult the weeks, months and years after a loss one can be and we have found these resources to be helpful in in beginning the grief process.

Related Library Catalog Subject Headings

Aging. Older People